



BACALAR,
MEXICO

WHERE HEALERS COME TO HEAL

Healer's Training

February 24 - March 2, 2024



Embody the healer you came here to be as you embark on a transformative journey to explore your unique medicine and open more deeply to your innate gifts.

This intimate group training is an opportunity for you to gather on the sacred land where healers come to heal.

We will be immersed in nature learning tools and skills that will support you deeply in expressing your work more fully in the world.

A NOTE FROM LULU

This very special offering has been a dream of mine since the beginning of my career in 2010. Over the last 7 years, I've noticed that healers have been drawn to retreating with me and my team here in Mexico and have experienced profound shifts in their lives, relationships, and careers afterwards.

In this training, you will be guided by a team of experienced mentors, teachers, and healers who are deeply committed to your growth and well-being. Our expertise spans a wide variety of modalities, including massage therapy, energy healing, trauma-informed somatic release, emotional translation, Thai yoga therapy, somatic-based psychology, sound healing, neuro-linguistic programming, craniosacral therapy, and so much more.



ENERGY CLEANSING



SOUND HEALING

WHAT'S INCLUDED

- Two virtual gatherings before we meet in order to connect with one another, drop in with our individual and collective intentions, and begin sharing our medicine
- 7 nights at a private luxury waterfront accommodation
- Private house full of snacks and groceries to prepare your own meals for breakfast and lunch (we have support with meal prep, and I want our days to feel spacious with optimum time to dive deep together in group sessions)
- 1:1 session with a marketing and branding expert
- 1:1 photo session with a gifted, soulful photographer to bring your medicine forward through photojournalism
- Group dinners every night except our night off to rest
- Private boat tour and excursion on the Lagoon (maybe more than one!)
- Sound healing sessions over the lagoon's magical waters
- Daily movement, meditation, and embodiment practices
- 1 off-site ceremony at my favorite sacred space
- Access to my signature programs: Sacred Alchemy and Embodied Magnetism (\$2,500 value)
- Continuing Education Credits for LMTs and RYT's

WHERE YOU'LL STAY

We will gather together near my home in Bacalar, Mexico, at a luxurious and gorgeous private waterfront home on the shores of healing waters known for their seven shades of blue.

We will have spacious kitchens, bedrooms, and bathrooms, a huge private dock, private lagoon access, two private pools, and water sports equipment. There is a shared room option with one pull-out couch or shared king bed available at a discounted rate.

This will be our oasis for the week. This is one house split into two Airbnbs, with lots of space and privacy.



HEALER'S TRAINING

February 24 - March 2, 2024

- Intimate council (6 participant maximum)
- 2 virtual gatherings before training week
- Required reading
- Detailed intention setting process
- Space for co-creation
- Certificate of completion
- Cost of \$5,550 USD if you pay in full, \$5,800 for a customizable payment plan
- Shared room option available upon request
- Gifts & surprises

PAY IN FULL BONUS:

**1:1 Session with LuLu
& The Reclaim Masterclass Bundle**

SAVE YOUR SPOT TODAY

ABOUT YOUR HOST



I'm LuLu and I'll be your guide through this rewarding journey of discovering your unique medicine while surrounded by the pristine waters of Laguna Bacalar.

We will journey together with a myriad of integrated healing modalities from around the world.

In my personal healing journey, I've discovered that my deepest medicine and spiritual awakenings came from my most challenging struggles: each teaching me how to go within for the answers to my heart's most urgent questions.

My journey home has taught me how to trust myself, how to trust my body, and inspires me to run toward my life instead of away from it.



CREDENTIALS

- 300-hr Certified Jivamukti Yoga Teacher
- 16-hr Yin Yoga Teacher Certification
- Bachelors Degree in Psychology from UNC Chapel Hill
- Licensed Massage and CranioSacral Therapist
- Certified Thai Yoga Therapist
- Practitioner in training of NLP, T.I.M.E., EFT, and Hypnosis
- Specialty in Life & Success Coaching
- Ordained Minister

HEALING MENU



Branding & Marketing Sessions

You will have space to connect 1:1 with an expert in branding & marketing for healers and wellness professionals. She will guide you in taking the next essential steps for your brand and business.

You will leave this training ready to soar to new heights in your healing career.

Photography Sessions

We will also have a photographer on-site documenting our week together and booking 1:1 photo sessions for your unique brand.

This is the perfect time to co-create enchanting imagery that reflects your healing practice and soul's message.



HEALING MENU CONT.



Bodywork

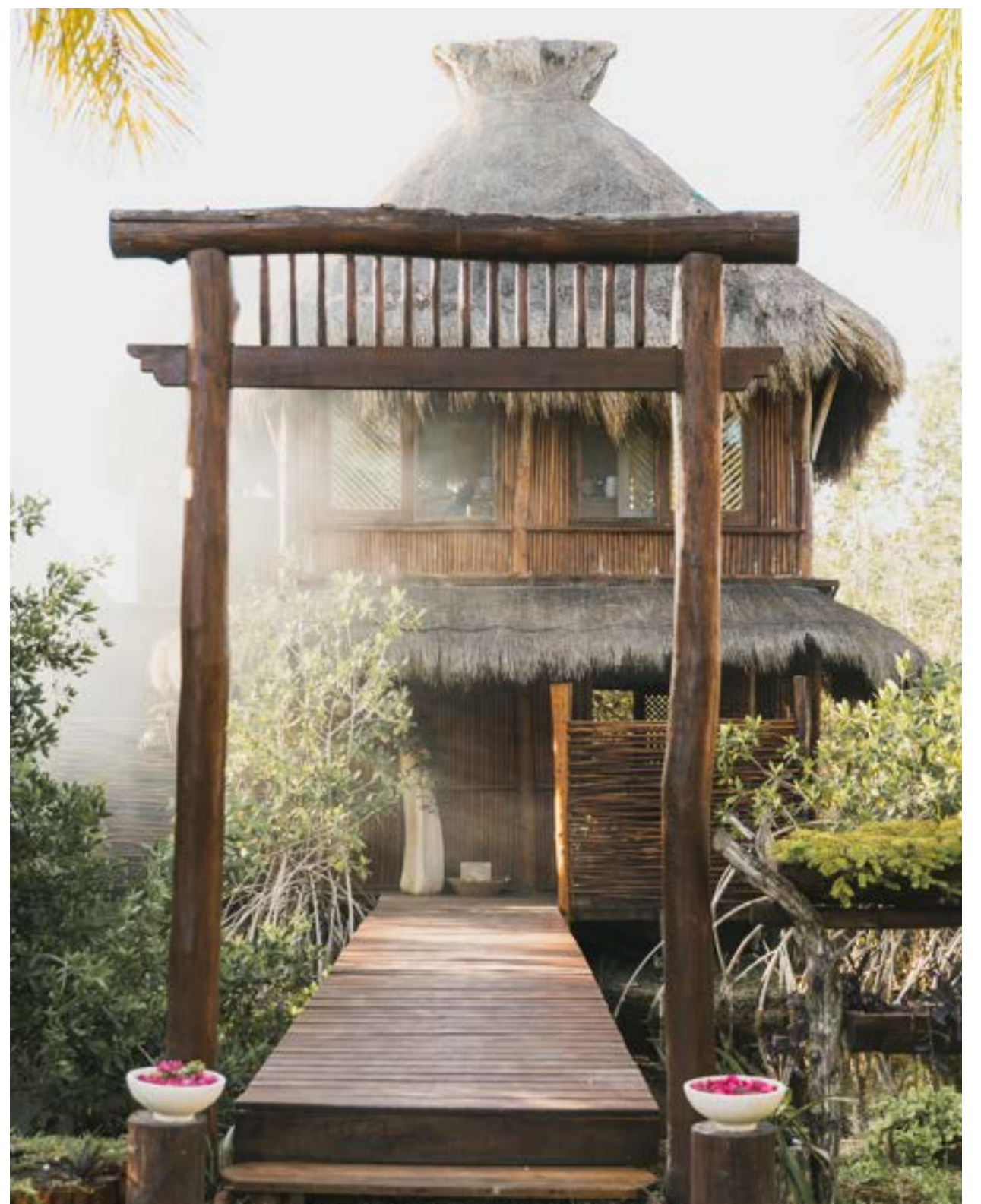
Thai stretching therapies, deep tissue massage, hot stone, Lomi Lomi, and Swedish massage are proven to relax the body, move energy, and cleanse and heal emotions.

Let us know if you'd like to book a bodywork session during our time together to assist with integration.

Mayan Spa Treatments

You can also explore a range of traditional therapies at Akalki Resort nearby. Their authentic Mayan spa treatments will leave you feeling relaxed, refreshed, and restored.

Please view Akalki's full list of spa offerings [here](#).



HEALING MENU CONT.

Temezcal

Temazcal is an ancient practice of gathering in a heated adobe bungalow that lies low to the ground. It is a very special event and indigenous to this region of Mexico.

A trained ceremony master introduces heated stones to the center of the bungalow. Each stone is offered to encourage healing and purification of the body, mind, and spirit.

If you're interested in Temezcal, let us know and we can help organize one for you or the group.



PRICING OPTIONS

Payment Plan

\$5,800 USD

customizable options

Pay In Full

\$5,550 USD

bonus gifts

PAY IN FULL BONUS: A 1:1 SESSION WITH LULU & THE RECLAIM RETREAT + MASTERCLASS BUNDLE



DOES NOT INCLUDE

- Alcohol
- Airport shuttle
- Shopping / tipping
- Taxis
- Massage therapy services
- Extra meals or excursions you wish to join
- Accommodations should you choose to come early and/or stay late (I highly recommend this!)

SAVE YOUR SPOT TODAY

F A Q

What's not included?

Your flight, airport shuttle, additional days in Mexico (recommended), travel insurance, additional meals or excursions, alcohol, gratuities, souvenirs, or spa treatments.

How do I get there? (From USA)

Option 1: Fly to Cancun, Mexico. From Cancun Airport, you can rent a car, take a bus, or book a private shuttle to Bacalar. The shuttle is around 4.5 hours on paved roads and typically costs \$300 each way. I can recommend the shuttle company that I've used for 7 years.

Option 2: Fly to Chetumal, Mexico. This has an overnight in Mexico City which can be really fun or really restful, depending on what you need. From Chetumal Airport, you can rent a car or take a taxi to Bacalar. The drive is about 30-35 minutes.

Will there be WiFi/cell phone reception?

Based on your cell phone plan, you may or may not have international calling. Most companies include Mexico in their coverage. There is WiFi on the property, though we do encourage you to "unplug."

FAQ

What weather should I pack/plan for?

February in Mexico has almost perfect weather. The lows are in the 70s and highs are in the 80s. There is a wonderful breeze, so sweaters are a great option in the evenings and mornings. Bring bathing suits, clothes for embodiment and movement practice, and some pants/sweaters/light jackets for windy evenings. Layers are always a great idea!

Will I have downtime to relax?

YES! There will be ample time each day for you to relax, nap, and learn. We are trusting you to take care of yourself and what you need as you need it. You can create the experience you need most in a supportive environment. We welcome all of you!

Will I have access to a gym? What about a pool?

We will be on a large property with a beautiful infinity pool overlooking the water. There are gyms available in town.

Will I have access to clean drinking water?

Yes, absolutely. Drinking water is included.

FAQ

Will I have access to excursions?

Yes. There are many options for excursions like boat tours, wakeboarding, archeological sites, and much more. We can offer you guidance but will not be responsible for booking or payment of any additional excursions.

How do I sign up?

A deposit of \$1,000 reserves your space in either training. Payment in full includes a bonus 1:1 session with LuLu and The REclaim Retreat + Masterclass Bundle. You may pay via Venmo or PayPal (links are on the last page of this brochure.)

What is the cancellation policy?

The \$1,000 deposit is non-refundable. In the event that you are not capable of attending this training, you can transfer your place to a friend or colleague, but your deposit and the full price of the training are non-refundable.

Are there payment plans available?

Yes! Payment plans include an additional fee as listed above. Connect with us directly and we will customize a payment plan together that aligns for both us all.

SECURE YOUR SPOT

SPACE IS EXTREMELY LIMITED FOR THIS
INTIMATE TRAINING EXPERIENCE.

TO RESERVE YOUR SPACE, PLEASE SEND YOUR
\$1,000 DEPOSIT OR PAYMENT IN FULL TO:

PAYPAL

VENMO

If you have questions about the training, please email
us at support@healingwithlulu.com.



SAVE YOUR SPOT TODAY